



Not your Typical Sex Ed
class...

LET'S TALK:

Details of Service:

- ❖ Safety Education for Littles (4 Session Workshop)
- ❖ Sexual Health Communication Education for Parents of Children and Teens
- ❖ Sexual Health Education Workshop for Teens
 - Topics Include: Puberty, body image, healthy relationships, boundaries, consent, sexual decision-making, Sexually Transmitted Infections, safer sex and pregnancy prevention, pornography and media literacy, abuse/violence prevention, and emotional grooming tactics, human trafficking, online dating safety practices, avoiding dangerous situations, drugs & alcohol.

Services to Come:

- ❖ Sexual Health Education Workshop for Middle School
 - Topics Include: Emotional and physical changes, identifying and communication boundaries, communication skills, and romantic relationships
- ❖ Sexual Health Education Workshop For Elementary (4th & 5th Grade)
 - Topics Include: Anatomy and Physiology, emotional and physical changes, hygiene, healthy relationships, communication, talking with trusted adults
- ❖ Sexual Health and Safety Education for Kids with Special Needs
- ❖ Sexual Health Education for Older Adults

For more information, please e-mail Patrice Fernandez, MPH at Patrice@aimcounseling.com or call (239) 221-6370 ext. 700

To view my professional bio, please check

www.aimcounselinggroup.com

A little about Patrice:
My role is to help people, from childhood to adulthood with the confidence, knowledge and accurate sexual health education. In an environment that is non-judgmental and non-biased, I am here to be honest with you and to provide knowledge in order to live a healthier life.

Knowledge is Power